Growing Mentor

Growing Glastonbury

Volunteer Application Form

*Thank you for your interest in becoming a Growing Mentor volunteer mentor with Feed Avalon.*

*Please complete this form and return by email or post to your co-ordinator Carol Stone. Contact details overleaf.*

Your details

Name ………………………………………………………………………………….

Address ………………………………………………………………………………….

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Postcode ………………………………………………………………………………….

Telephone …………………………………… Mobile …………………………………..

Email ………………………………………………………………………………….

How would you prefer to be contacted? …………………………………………………..

How did you hear about Feed Avalon’s Growing Mentors Project? …………………………...

Induction training in Glastonbury

The training will include an overview of food growing month-by-month, building soil fertility, organic growing methods, together with listening and mentoring skills. Please circle/delete to confirm you can attend the training course dates at the Red Brick Building. The course runs over two days.

Saturday 17th & Sunday 18th January 2015

References

1. Referee 2. Referee

Name ………………………………………. Name …………………………………..

Address ……………………………………. Address ………………………………..

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Post code ………………………………. Postcode ……………………………….

Telephone ………………………………. Telephone ……………………………...

Email ……………………………………… Email ……………………………………



About you

Please give details of any volunteer experience or involvement with community groups

Please describe your fruit and vegetable growing experience (Minimum 2 years)

Why would you like to become a Growing Mentor?

Please describe any other skills you think would be useful and any information you think we should know to best support you as a Growing Mentor

Data Protection Act 1998: Feed Avalon holds any details you give us for administration and marketing purposes such as providing you with updates on Feed Avalon. We will never supply your information to a third party if you tell us not to by ticking here ……

Please return your completed form to

Growing Glastonbury Co-ordinator, Carol Stone [carol@feedavalon.org.uk](mailto:carol@feedavalon.org.uk)

Feed Avalon, Unit C1, Northover Buildings, Glastonbury, BA6 9NU

Feed Avalon CIC is a social enterprise that establishes food systems that are socially & economically empowering in order to optimise food resilience in Glastonbury, Street and the surrounding areas. http://www.feedavalon.org.uk

Registered in England and Wales 8632448

Growing Mentor

Growing Glastonbury

Volunteer role and network

*Supporting local people and communities to benefit from growing their own food at home and on communal land.*

We are looking for volunteers with at least two years food growing experience and a passion for encouraging others to have a go. You don’t need to be an expert. We are promoting ‘organic’ /low input growing methods, without the use of artificial fertilisers, pesticides etc.

We ask for about half a day a month. That’s 30 hours or more volunteering a year at a time and place to suit.

Meet new people & share your growing knowledge

Support five local households that would like to start growing food or grow more. Offer regular advice and encouragement for individuals, families or groups for a 12 month growing season.

Promote local food growing through events, talks, articles, schools, communal spaces and your own ideas to bring people together.

Induction training weekend

Saturday 17th and Sunday 18th January 2015

Training will take place at the Red Brick Building and will include an overview of food growing month-by-month, building soil fertility, organic growing methods, together with listening and mentoring skills to develop your confidence to find and mentor new food growers.

Please get in touch with me Grow Glastonbury Co-ordinator, Carol Stone

[carol@feedavalon.org.uk](mailto:carol@feedavalon.org.uk); Mobile 07966922779

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Active support from me, your locally based co-ordinator

One to one guidance follows the induction training weekend for new volunteers, with access to further training courses and coaching tips.

The Master Gardener’s Scheme is modelled on a successful partnership between Garden Organic and Somerset Community Food during 2013-14.

With 12 months support, mentored households/individuals:

80% growing more food

25% spending less on food

95% enjoy involvement

33% spending 3-5 hours/week growing food (50% 1-2 hours/week)

After one year volunteering, Somerset Master Gardeners:

69% feel greater sense of community

84% more satisfied with life

82% volunteer retention

95% increased growing knowledge with 75% growing a wider range of food